



MEDITERRANEAN DISHES

Ready in just 3 minutes

Casarecce pasta with MEAT BALLS AND FETA

A fine selection of ready-to-eat meals with the aim of saving time and energy for modern and busy people who don't want to compromise quality. Just heat and eat! Discover a whole range of homemade Mediterranean recipes, handcrafted by our experienced chefs with care and the highest quality ingredients.



Casarecce pasta with MEAT BALLS AND FETA



**FULLY COOKED
READY IN 3'**

WITH EXTRA
VIRGIN OLIVE OIL
—
NO ADDITIONAL
PRESERVATIVES
AND ADDITIVES

Ingredients: 30% Cooked casarecce pasta (**wheat** semolina, water), tomato, 28% meat balls [pork minced meat, rusk crumb (contains **gluten**), **egg**, parsley, salt, spices], onion, 4% PDO feta **cheese**, extra virgin olive oil, basil, chicken stock (salt, glucose syrup, yeast extract, corn starch, chicken fat, spice extracts (contain **celery**), chicken extract (1%), onion powder, sugar, olive oil, garlic powder, spices), salt, herbs, spices. The product may contain traces of fish, mollusks, crustaceans and sulfites.

Nutrition Declaration Per 100g		Per serving 300g	%RI*
Energy	949kJ/226kcal	2847kJ/678kcal	33%
Fat	9,9g	29,7g	42%
of which saturates	3,6g	10,8g	54%
Carbohydrate	22,6g	67,8g	26%
of which sugars	1,2g	3,6g	4%
Proteins	10,7g	32,1g	64%
Salt	1,44g	4,32g	72%

* RI (%) Reference Intake of an average adult 8400kJ/2000kcal

Shelf life 45 days.

Keep refrigerated at temperature 1°C - 5°C
After opening keep refrigerated and consume within 24 hours.
Suitable for freezing. Defrost thorough before use.
Once defrosted (in refrigerator) consume within 24 hours.

NET WT: 300g e | 1 PORTION



REMOVE
THE LABEL



MICROWAVE
[750W]
FOR 2 MINUTES



ALLOW TO STAND
FOR 1 MINUTE



REMOVE THE FILM
AND ENJOY

Before heating:
remove the label
without removing or
puncturing the film.

During heating:
Any popping noises
and steam inflation
are normal.

After heating:
Check food is piping
hot. Allow to stand for
one minute.

**Do not reheat
once cold.**

**All cooking
appliances vary.**

Mediterranean Recipes

READY TO EAT IN 3 MINUTES.

www.aegeangourmet.gr